

## Reference nr. 2397 : Department of Corrections

### Physical Training Volunteer

Northland Region Corrections Facility is need of a volunteer to offer their time to take the Youth Unit men (18-25 year olds) through 1 hour per week of physical training.

This benefits the young men hugely as it is great for their mental and physical wellbeing.

Exercise with minimal equipment is preferable, as the unit has limited equipment. Something like Zuu, or circuits would be ideal.

#### Training

Volunteers will be taken through an intensive prison induction, teaching volunteers how to keep themselves aware of their environment and keep themselves safe.

#### Specific requirements

- Volunteer will be experienced in physical education
- Be reliable and non-judgmental, punctual, personable, have good listening skills and patience
- Provide 2 character references
- Volunteers must be over 21 years of age
- Complete a Department of Corrections Third Party Clearance Application
- Attend the induction provided by the Department of Corrections

Duration: **Long-term**

Area: **Kaikohe - Hokianga**

Activity: **Sports and coaching**

1 volunteer needed



- ✓ Police check
- ✓ Reference provided after some time

When: ✓ indicates time slot options.

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Morning	✓	✓	✓	✓	✓	✓	
Afternoon	✓	✓	✓	✓	✓	✓	
Evening							